

# Olympic Connect Care Coordination Partner Workbook

#### Welcome!

Thank you for being an Olympic Connect Care Coordination Partner! We are grateful to work alongside you to better serve community members with unmet social needs. Together we will create a more coordinated system of social care. This workbook walks you through scripting, workflows, general tips, and serves as a guide in your daily work with Olympic Connect clients.

Olympic Connect is an exciting new service of Olympic Community of Health (OCH). Olympic Connect is a Community Care Hub of Washington, a statewide network. A Community Care Hub is a community-centered entity that:

- Supports a network of partners providing services and resources to address social needs
- Centralizes administrative functions and infrastructure and
- Has relationships with and understands the capacities of local organizations and fosters cross-sector collaboration.

OCH will serve as the Community Care Hub for the Olympic region, and we will call our hub Olympic Connect. Olympic Connect will strengthen the social care delivery system across Clallam, Jefferson and Kitsap counties by matching the available resources with people who are ready to access them. Anybody who lives and seeks care in the Olympic region can access Olympic Connect at no direct cost. Olympic Connect is committed to ensuring confidential, positive, strengths-based support through trusted helpers, like you, who live and work in our local communities, possess deep local knowledge and cultural context, and who have valuable personal and lived experience.

Olympic Connect also provides training and support to the broader network of Community Based Workers (people like you - who go by many titles, including Community Health Workers, Case Managers, Care Coordinators, Navigators, and Peers) to facilitate connections and opportunities for peer learning.

We are excited to partner with you to foster a region of healthy people and thriving communities!

# **Olympic Connect Contacts:**

Name	Use this contact for	Phone	Email
Olympic Connect	Local referral line and technical assistance for Care Coordination Partners	360-301-8252	Connect@OlympicCH.org
Miranda Burger, Director of Programs and Olympic Connect	Hub Director	360-633-9579	Miranda@OlympicCH.org
Yvonne Owyen, Community Programs Coordinator	Community-Based Workforce Support	360-302-0007	Yvonne@OlympicCH.org
Lauryn Garrett, Community Programs Coordinator	Technology Training Support	360-316-6928	Lauryn@OlympicCH.org
Debra Swanson, Operations Manager	Invoicing & Payments	360-509-7713	Debra@OlympicCH.org

#### Spaces for connection, support and learning:

#### **Care Coordination Partner Meetings:**

Following successful completion of Care Coordination Partner training OCH will schedule regular and ongoing technical assistance meetings with your organization. These meetings serve as an opportunity to create collaborative partnerships, facilitate additional training, and regularly review regional, county-based, and individual Care Coordination Partner data.

#### **Quarterly Community-Based Workforce (CBW) Convenings:**

Olympic Connect will bring CBWs together on a quarterly basis to build connections and collaboration across the Olympic region. These convenings are an opportunity for CBWs and their direct supervisors to learn about collective successes and challenges, to network, and to share innovations. Specific training topics will be incorporated at each convening.

Please check our <u>Learnings and Convenings Calendar</u> to register for Quarterly Community-Based Workforce (CBW) Convenings and other learning opportunities.

#### **Olympic Connect Advisory Group**

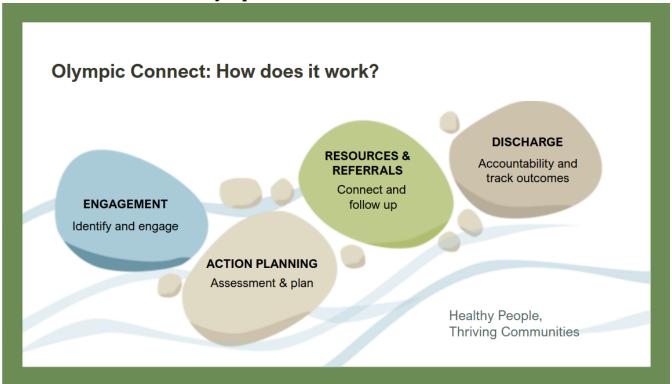
This Olympic region collaborative provides recommendations to OCH staff and the Board of Directors on a myriad of functions and elements of Olympic Connect. A regional advisory group helps build buy-in, trust, and ensures that the hub will meet goals and objectives in an inclusive and collaborative manner.

To participate in the advisory group or to learn more, email Connect@OlympicCH.org and check <u>Learnings and Convenings Calendar</u> for upcoming meetings.

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High Level Overview of the Olympic Connect Workflow



Step 1: Outreach and Engagement	Review client information
	Have your script ready
	Call client and introduce program
	Ask for verbal consent to work together (verbal consent is good for 7 days)
	Send the electronic consent and authorization form or upload a signed copy within 7 days
Step 2: Assessment & Goal Setting	Learn more about the clients needs by updating the needs assessment
	Based on results of assessment, identify client priorities and set SMART goals with your client to address their needs
Step 3: Action Plan	Based on the goals you set with your client, create an action plan for each goal using the SMART goals framework.  Identify action steps the client agrees to and action steps you are responsible for
Step 4: Resources and Referrals	Look for resources that will help your client meet their goals
	Make referrals to resource agencies
	Reach out to resources to complete the referrals, or support your client to do that independently
Step 5: Progress & Updates	After 1-2 weeks of making referrals, check-in with your client to see if they were able to get connected and receive support
	Provide education and coaching based on your client's needs
Step 6: Discharge	Based on what you learned in the progress update, determine if your client is ready for discharge.
	If yes, complete discharge form
	If no, return to step 4 and continue working with them, scheduling progress updates until their goals have been met and they are ready for discharge.
Olympia Connect	1

## **Logging in to Connect2 Coordinator:**

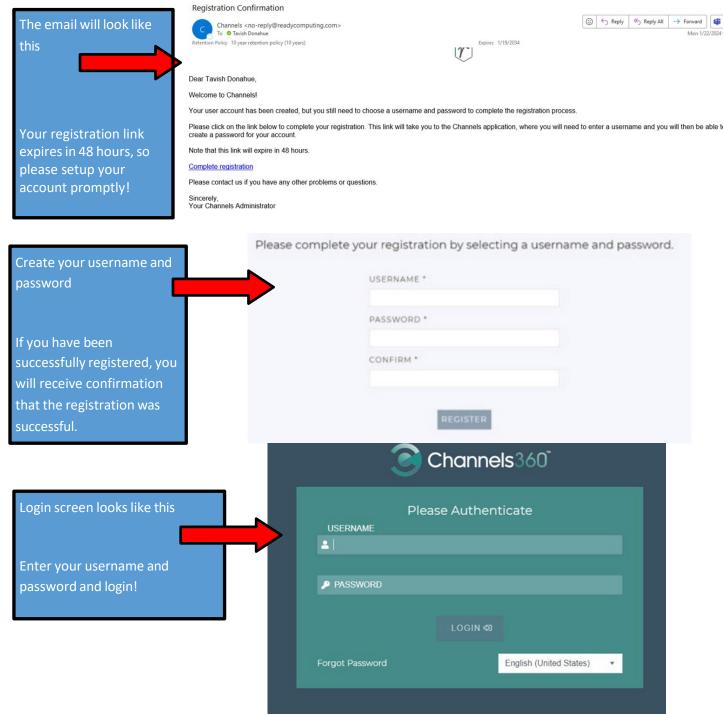
Training environment (used during training week and to practice with your test clients ONLY):

https://coordinator.training.connect2.org/channels/login

Main Connect2 Coordinator site (for working with clients after successfully completing training):

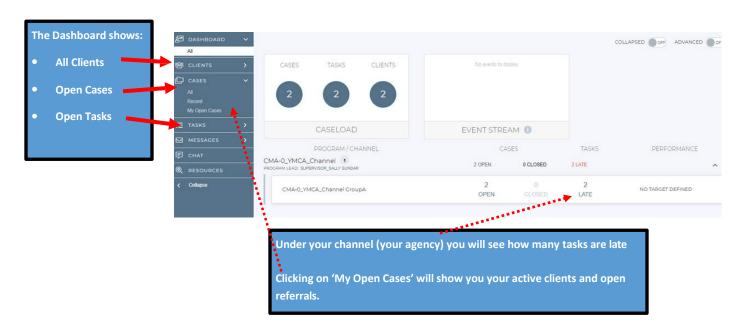
https://coordinator.connect2.org/channels/login

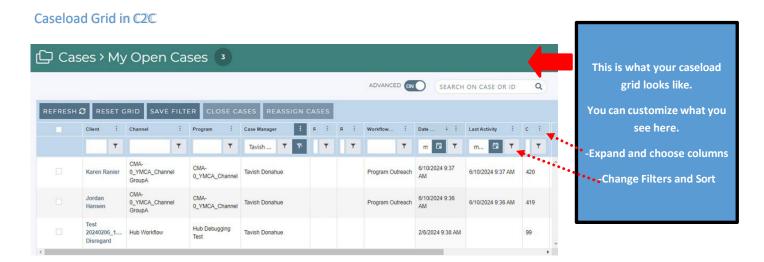
You will receive an email from no-reply@readycomputing.com with your username and link to create your password.

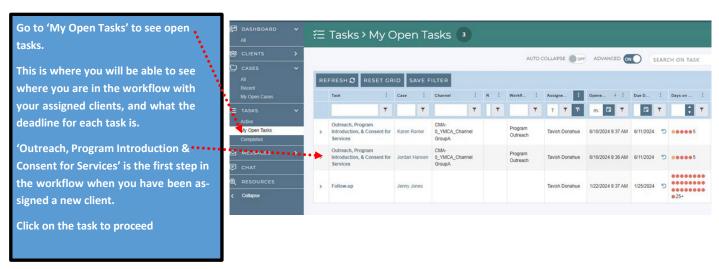


## Navigating Connect2 Coordinator and Documenting the Workflow

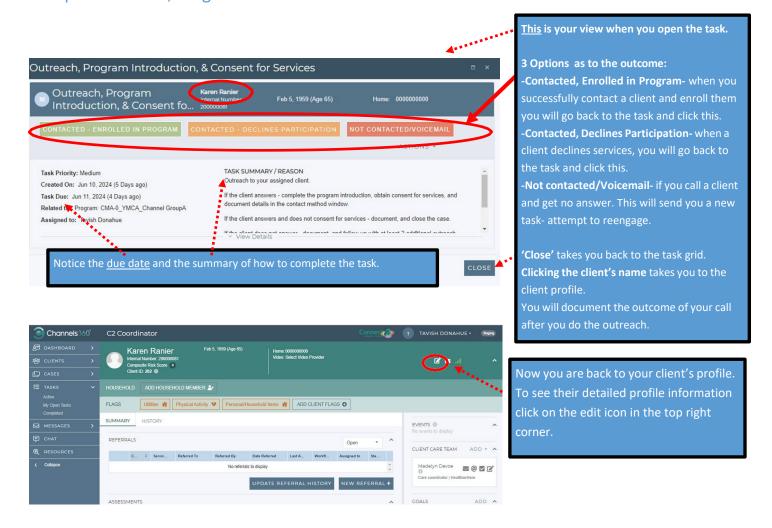
#### Understanding the User Interface:

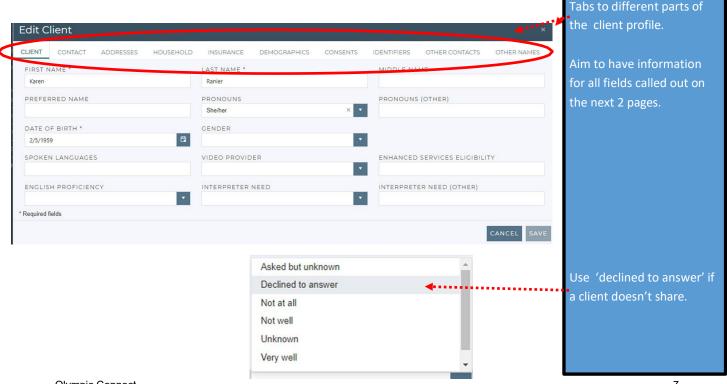






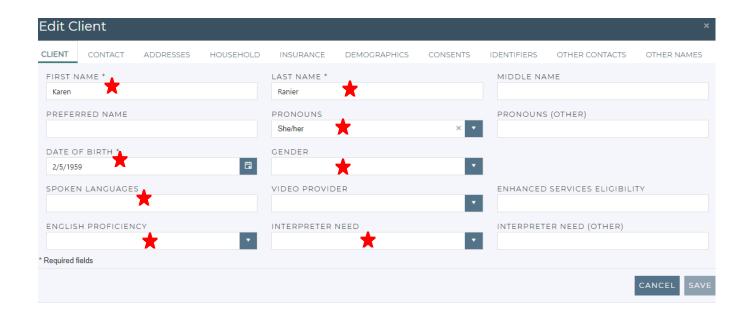
### Step 1: Outreach, Program Introduction & Consent to Services

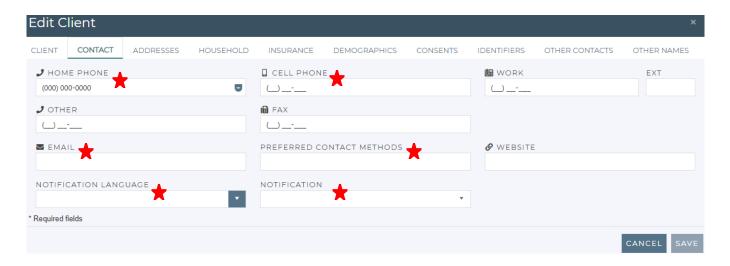


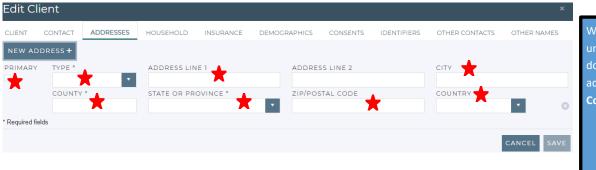


As you navigate through the different tabs in the client profile aim to have information entered for all fields with a red star. Required fields in C2C are marked with an asterisk, they are very minimal.

If a client doesn't share the relevant information use the 'Declined to Answer' drop-down option when available.







When working with an unhoused client you don't need to enter a full address, just Type,
County, and State.

The 'Household' Tab stores information about the client's household, including number of household members by age, dependents, whether the client is a caregiver, and income and Federal Poverty Level.

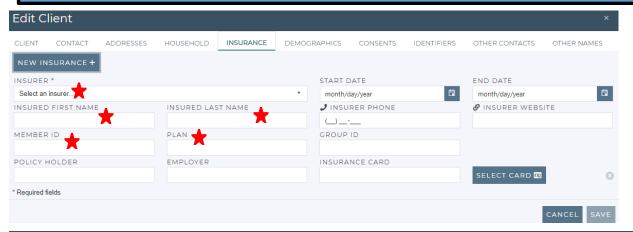
Under family income you should document the annual family income if the client is comfortable sharing that information. If they aren't willing to share please leave it blank.

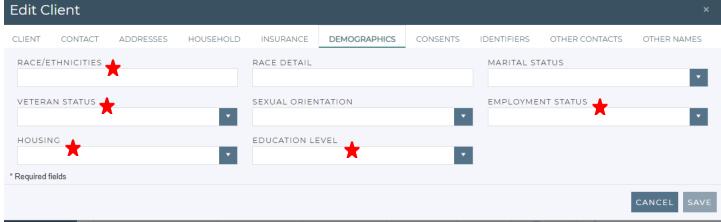
For Federal Poverty level use this calculator https://home.mycoverageplan.com/fpl.html and enter the actual % of FPL that is calculated:

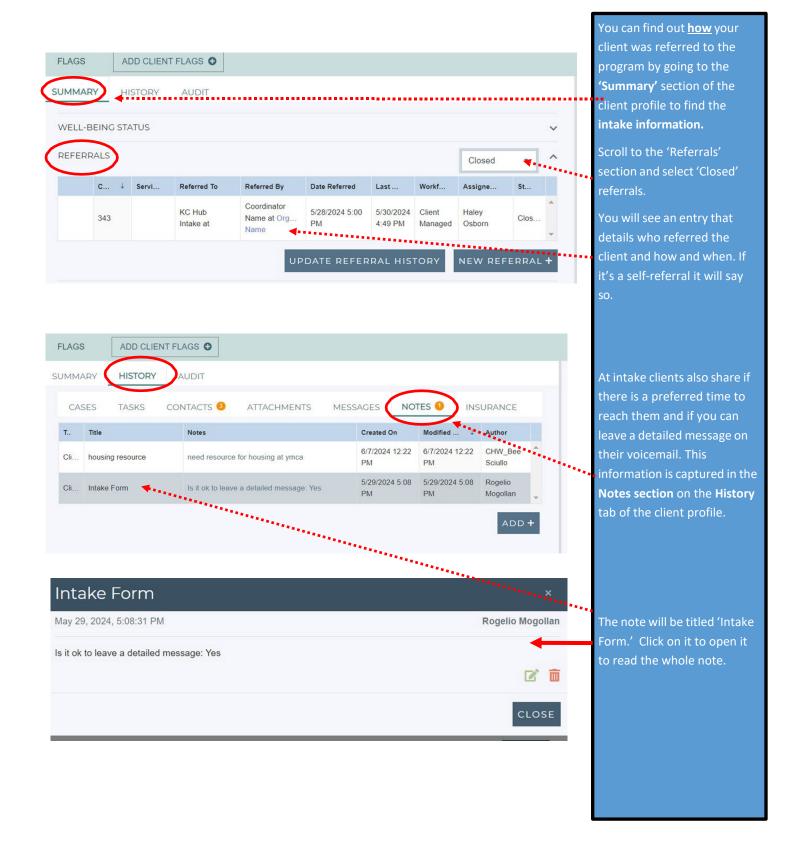


The 'Insurance' tab is where you store a client's insurance information. If a client is willing to share their insurance information please fill out the fields marked with a red star.

If a client is uninsured select 'Uninsured' under 'Insurer' and you can save the record leaving the rest blank.

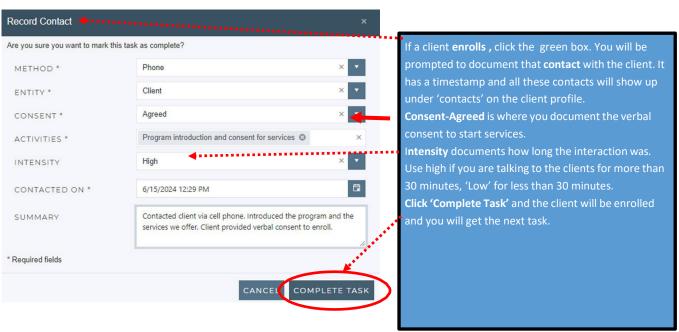


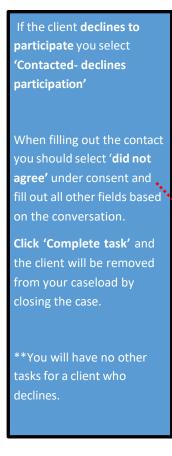


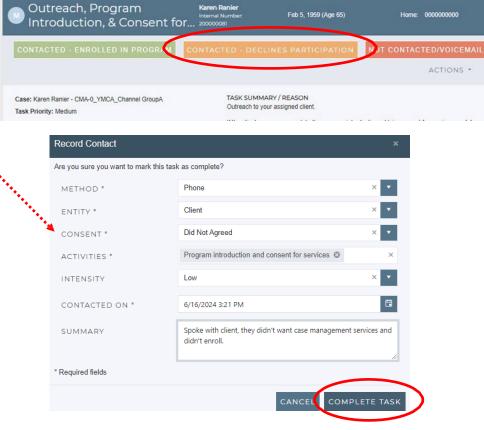


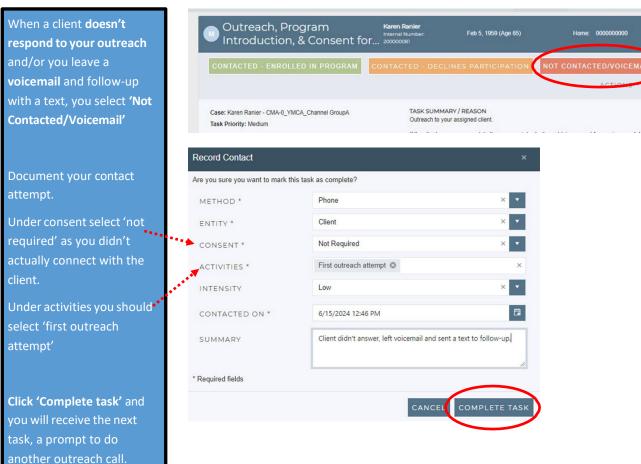
- Now that you have read through the client profile, prepare to call your client. Use the sample scripts in this workbook to give you an idea of talking points and conversation flow.
- Keep the client profile open so you can add details that weren't shared at intake
- Based on your conversation there are 3 options for how to close this task.
  - 1) Client enrolled in the program
  - 2) Client declined to participate
  - 3) Client didn't answer/voicemail

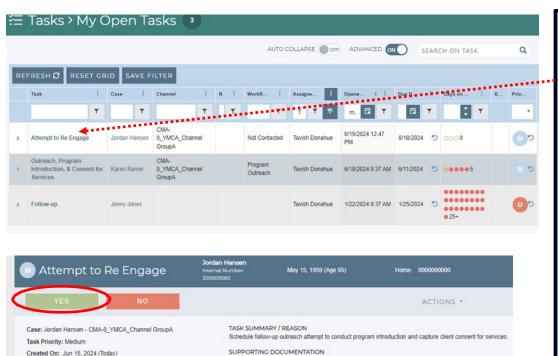












When you document an unsuccessful outreach attempt you will get a new task "Attempt to Reengage".

This task will be due in 3 days.

You need to document 3 outreach attempts in 3-business days when a client is non responsive.

When you call the client again and **they answer**, you should select 'Yes'.

When the client is responsive to the 2nd outreach attempt you should still document the activity as 'Additional Outreach Attempt' in the contact.

Now that you successfully connected with your client you will get the 'Program Introduction' task again. Complete this task to move to the next step in the workflow.

0\_YMCA\_Channel

No documents found

View Details

Additional outreach attempt (2)

Not Contacted Tayish Donahue 6/15/2024 1:02 PM 6/16/2024 5 00

Task Due: Jun 18, 2024 (In 3 Days)

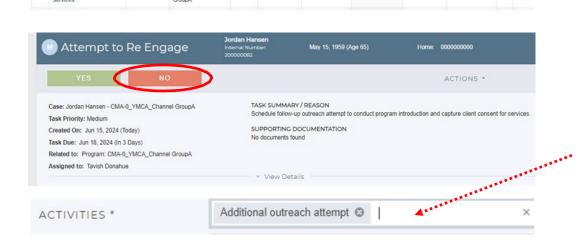
Assigned to: Tavish Donahue

**ACTIVITIES** \*

Outreach, Program

Introduction, & Consent for Jordan Hansen

Related to: Program: CMA-0\_YMCA\_Channel GroupA

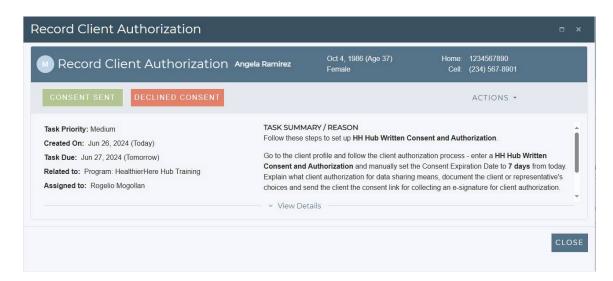


If the client doesn't answer the second attempt, select 'No' and you will get this task again, to make the third outreach attempt.

When documenting the client contact for 'No' select 'additional outreach attempt' under activities to track the additional attempts

After 3 unsuccessful outreach attempts the case will be closed and the client removed from your caseload.

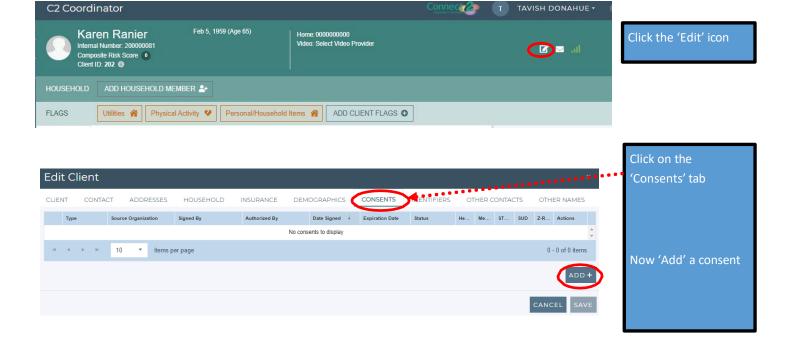
#### **Record Client Authorization**

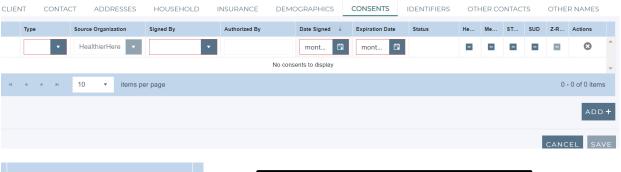


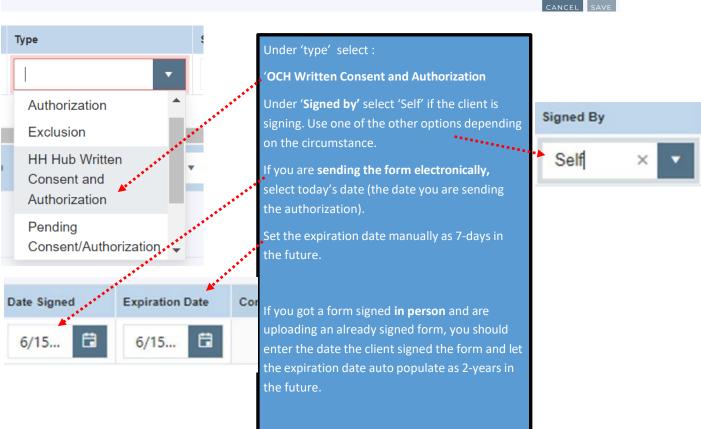
When you enrolled the client you had a conversation about signing the electronic consent/authorization form. You used your scripting about the need to sign our consent form (part 1) to continue working together, and to sign the second part 'authorization' for their information to be shared electronically on the CIE to be able to do electronic referrals. A client has 7 days to get the form back to you once its sent.

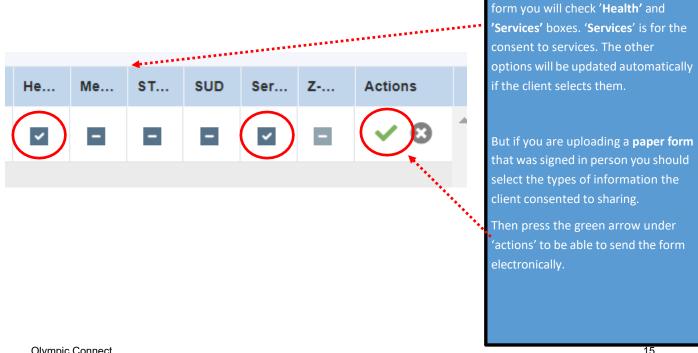
Step 2 of the workflow is where you **send** the client the consent/authorization form. If you got the form signed in-person, this is where you upload the form.

Close the task and go back to your client's profile. Click on the client's name to close the task and go to their profile.

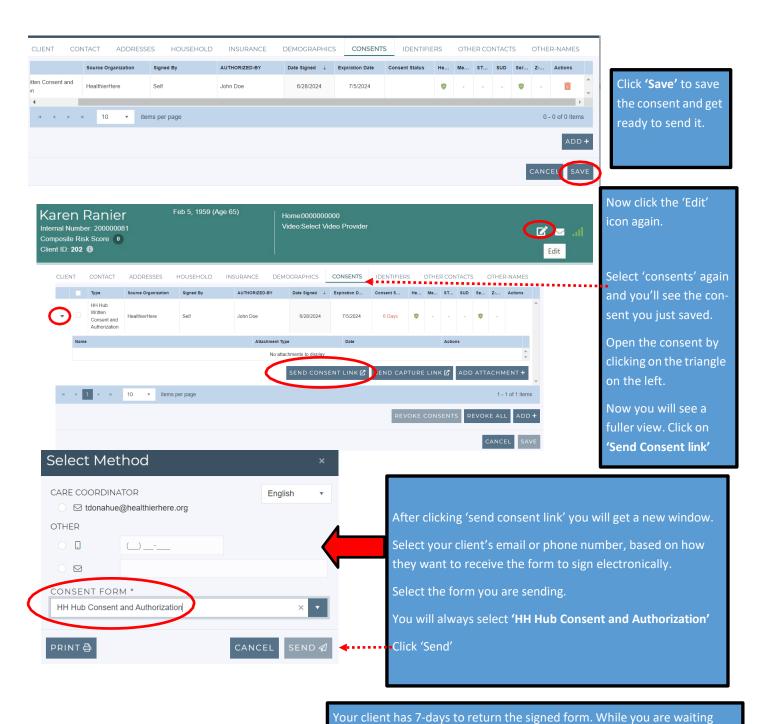


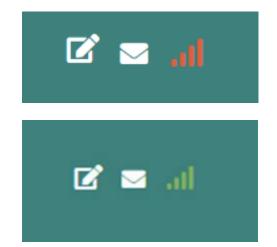






When sending an electronic consent





you can continue working with them and move to the next step of the workflow.

The 'bars' icon in the top right of the client profile shows how much longer the consent form is good for. It will be **red** after you send the consent since it expires in 7 days.

When the client has returned the consent it will turn **green** after you manually update the expiration date as it is good for 2-years.

What if I had my client sign the form in-person when I first met them?

In that case you follow all the steps above but instead of sending the form you select 'Add Attachment' and upload a scanned copy or photo of the form. You need to include all pages of the form in the scanned document, not just the signature pages.

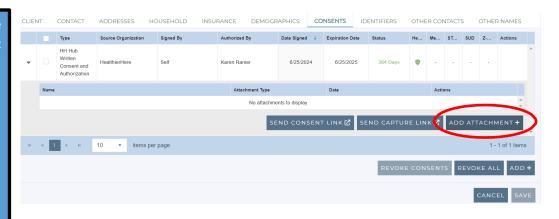
Task Priority: Medium

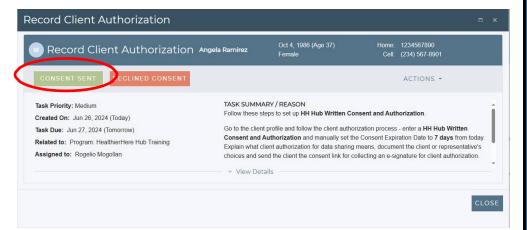
Created On: Jun 26, 2024 (Today)

Task Due: Jul 3, 2024 (In 7 Days)

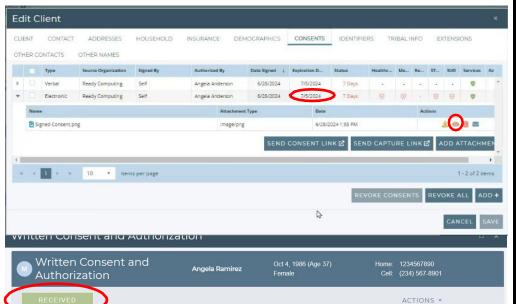
Assigned to: Rogelio Mogollan

Related to: Program: HealthierHere Hub Training





Once you have sent or uploaded the Consent/Authorization form go back to your open task 'Record Client Authorization' and select 'Consent Sent' to move on to the next step of the workflow



TASK SUMMARY / REASON

No documents found

View Details

SUPPORTING DOCUMENTATION

Check the client's consent tab to see if they submitted the form.
You can click on the eye to view the form.

Then you need to manually update the expiration date of the electronic consent to 2 years after signature.

'Written Consent and
Authorization' is where you
verify that the form was
returned. When you see the
uploaded consent form return to
this task and select 'Received' to
close the consent process.

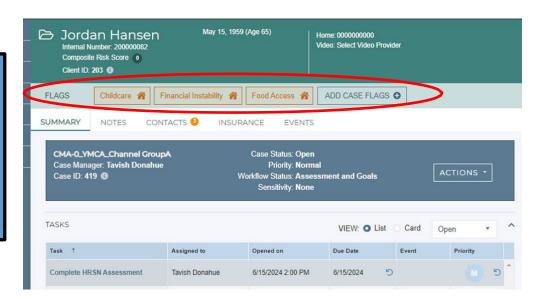
If you uploaded a paper form you can close this step after you upload the form.

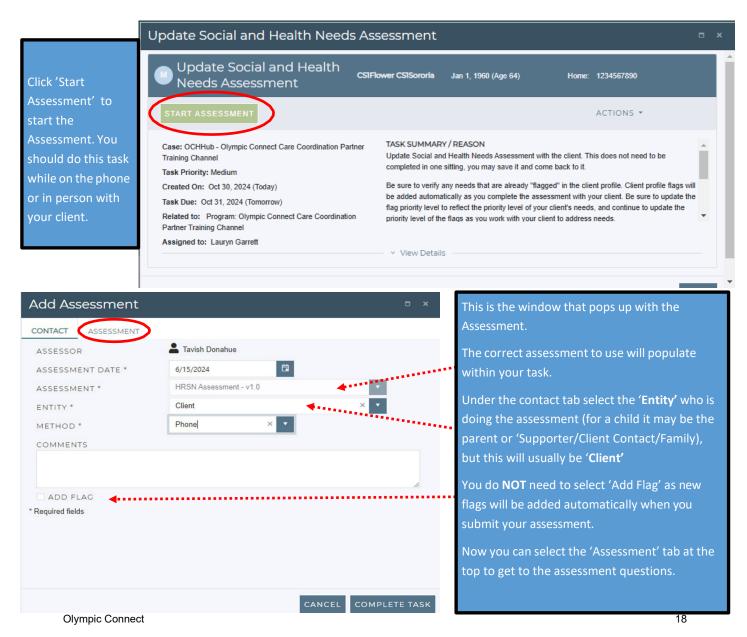
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Verify that you have received client signature for HH Hub Written Consent and Authorization

## Step 2: Assessment & Goal Setting: Assessment

Before you start the Assessment you should look at the client profile and note the flags at the top. These were the client's HRSN needs at intake, as part of the assessment you are verifying those needs and asking about others.

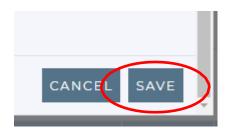


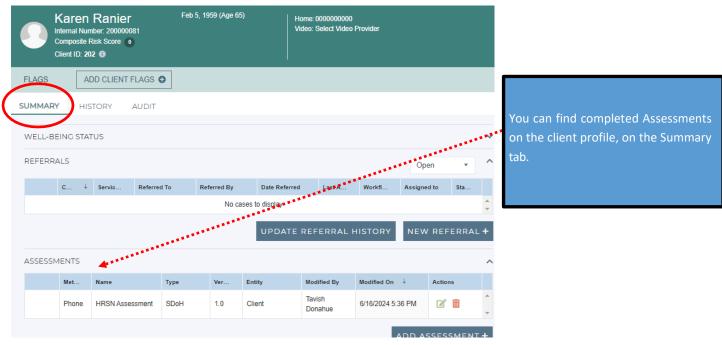


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Please add more detail on the health needs the client has shared

When you have completed the Assessment click 'Save' to save the Assessment and complete the task.



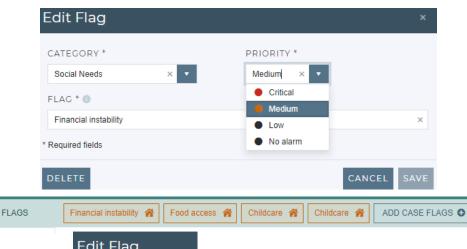


New flags will be added automatically based on the results of your assessment. The new flags will default as 'medium.' Priority for flags can be high, medium, or low. Use your best judgement based on what you learn during the Assessment.

You should delete any duplicate flags that may appear.

Duplicate flags will appear when an intake need is also selected on the Assessment.

Click on the flag and select 'delete.' This is the only time you may delete flags!



Edit Flag

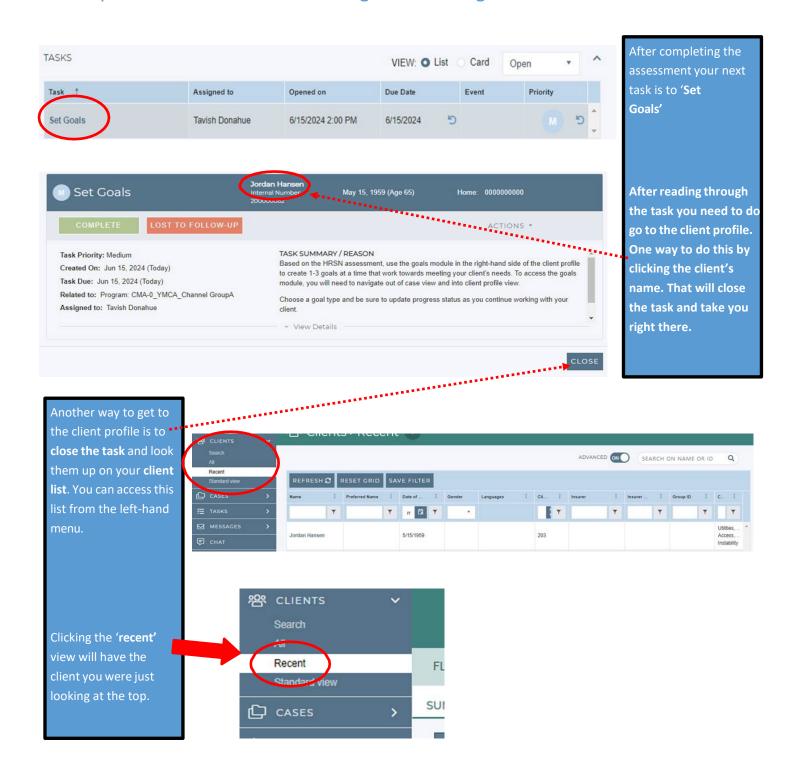
CATEGORY \*

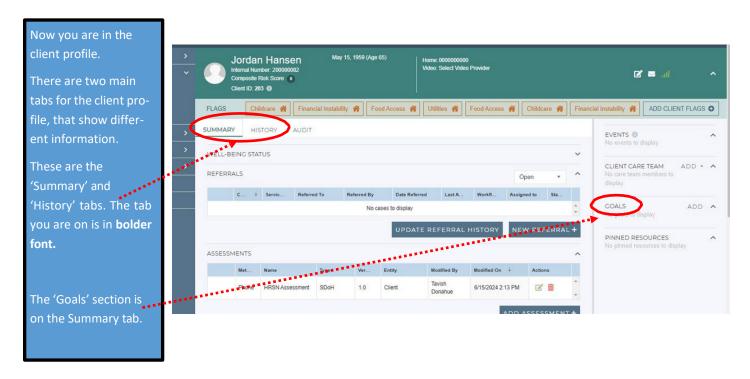
Social Needs

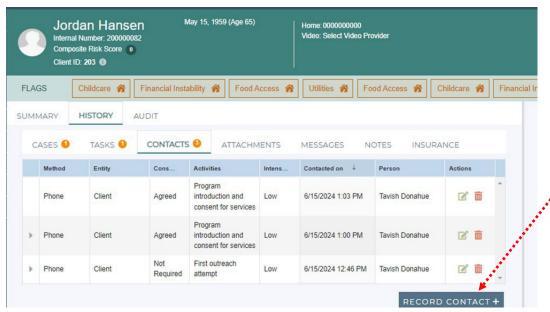
FLAG \* 
Childcare

\* Required fields

## Step 2: Assessment & Goal Setting: Goal Setting

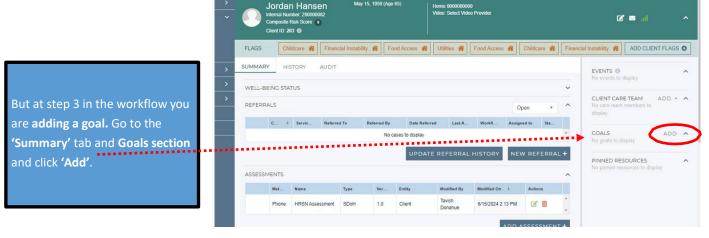


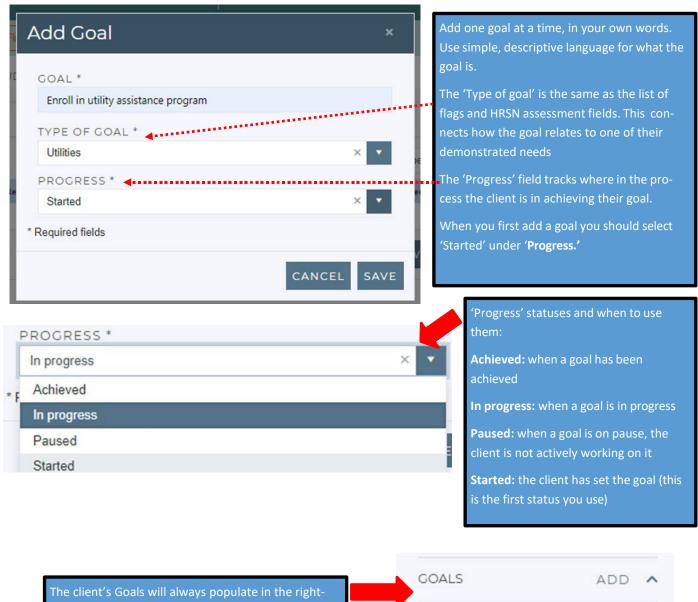


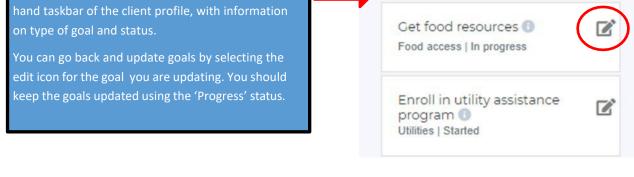


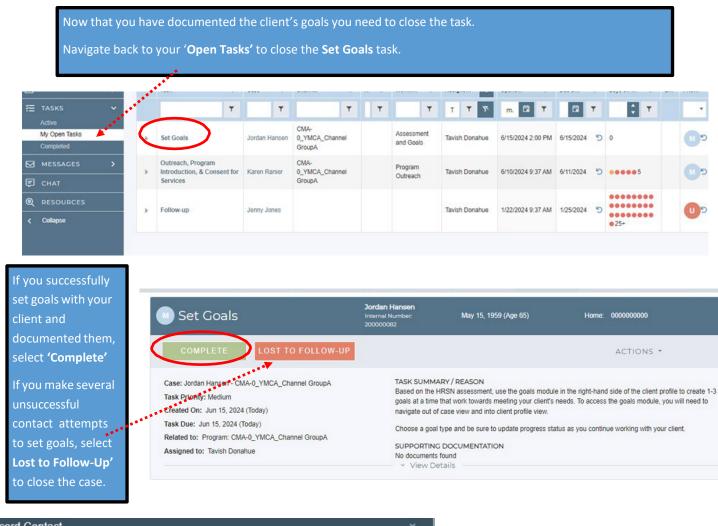
**History** has other information, including the record of all your contacts with the client.

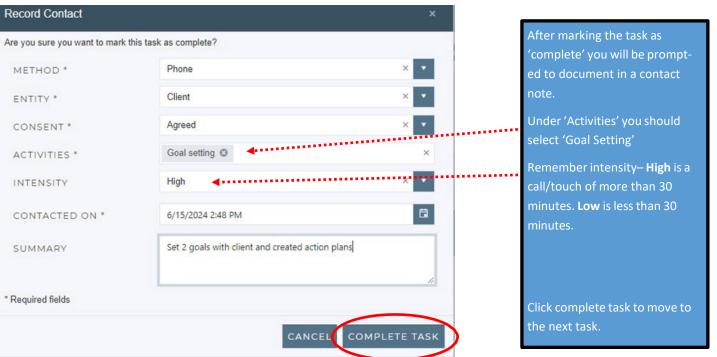
You can always add an ad-hoc contact if a touch with your client doesn't align with the workflow. You do this by selecting 'Record Contact.'



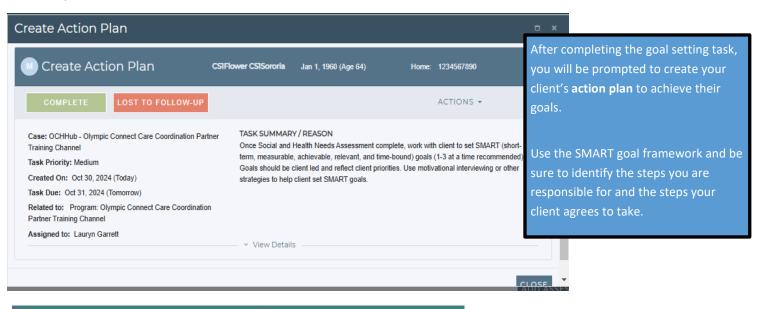


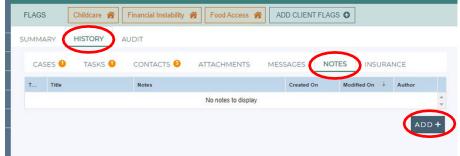






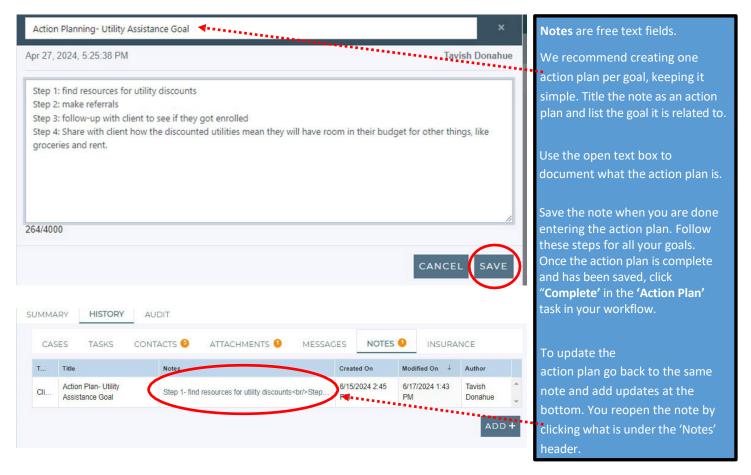
## Step 3: Action Plan



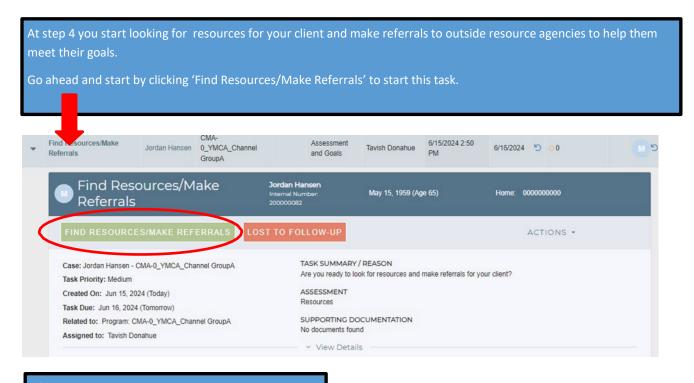


Client action plans are recorded in the **Notes** section of the client profile, under the 'History' tab.

Go to the 'History' tab of the client profile and select Notes to add an action plan by clicking 'Add'.

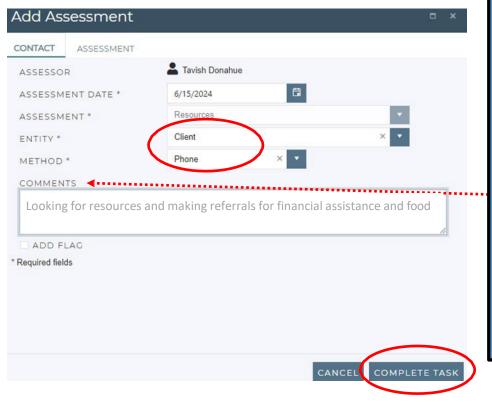


## Step 4: Find Resources/Make Referrals



After clicking the **green button** you will be prompted to 'Search for Resources.'

Click **yes** to proceed if you are ready to search for resources right away. The task will close and take you right to the Resource Directory.



This workflow step is a little counterintuitive. You need to document a 'contact' based on what you are planning to do, not what has been done.

Select 'Client' for 'Entity'

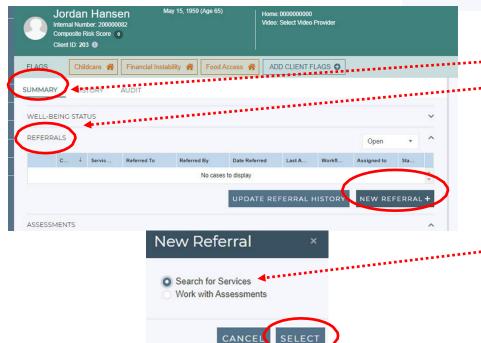
Select 'Phone' for 'Method.'

Comments are optional, not required.

After selecting 'Complete Task' you will be prompted to 'Search for Resources'

Select 'Yes' to move to the resource directory and start your search.





You can also add resources and make referrals directly from the client profile.

On the 'Summary' tab you will see the Referrals section

Select 'New Referral' to start searching for resources.

You will see a pop up window for the new referral. Always 'search for services' as the 'work with assessments' function is not setup.

Click 'Select' to proceed.

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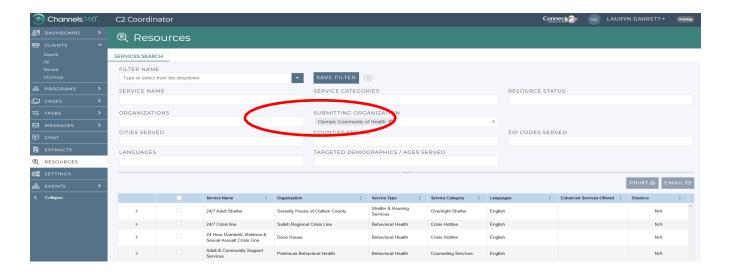
Now you are in the resource directory and tied to the client profile, so any referrals you make will automatically be documented and tied to the client's record.

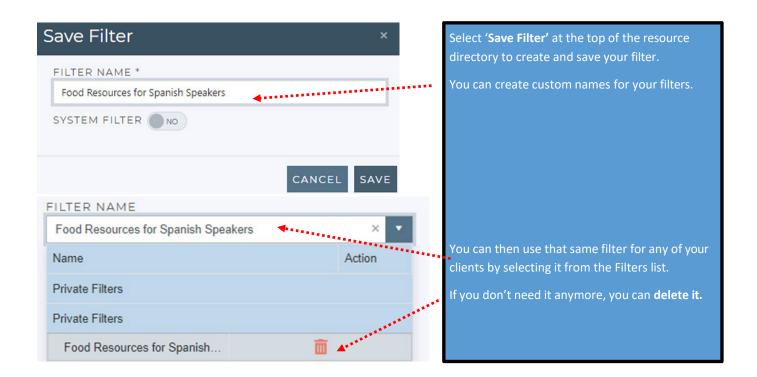
Use the different search fields to find the right resources for your client

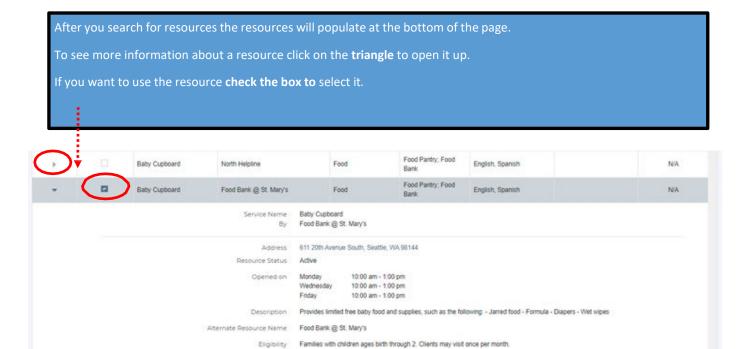
To use the custom list of OCH's curated resources, select 'Olympic Community of Health' under 'submitting organization.'

The search function accounts for your client's address. Use 'How Far Away Would You Like to Search' to find resources close to your client's home.

Use 'Filters' to save common searches.





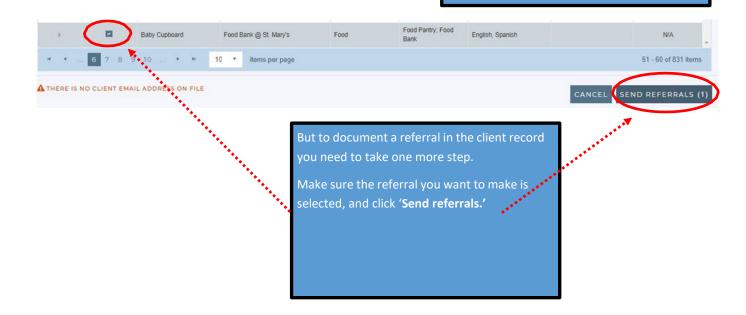




You can send the resource information directly to your client over email or text (SMS).

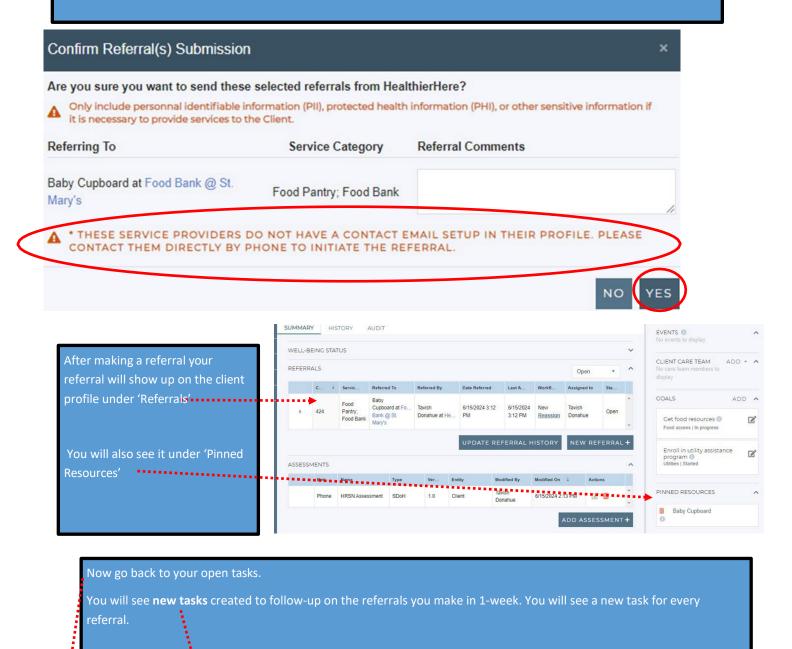
You can also **print a resource if** you are in person with a client.

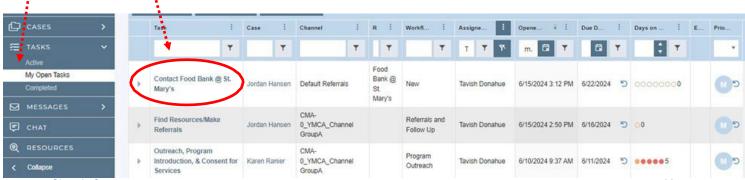
Pinning a resource pins the resource to your client's profile, but this happens automatically when you make the referral.



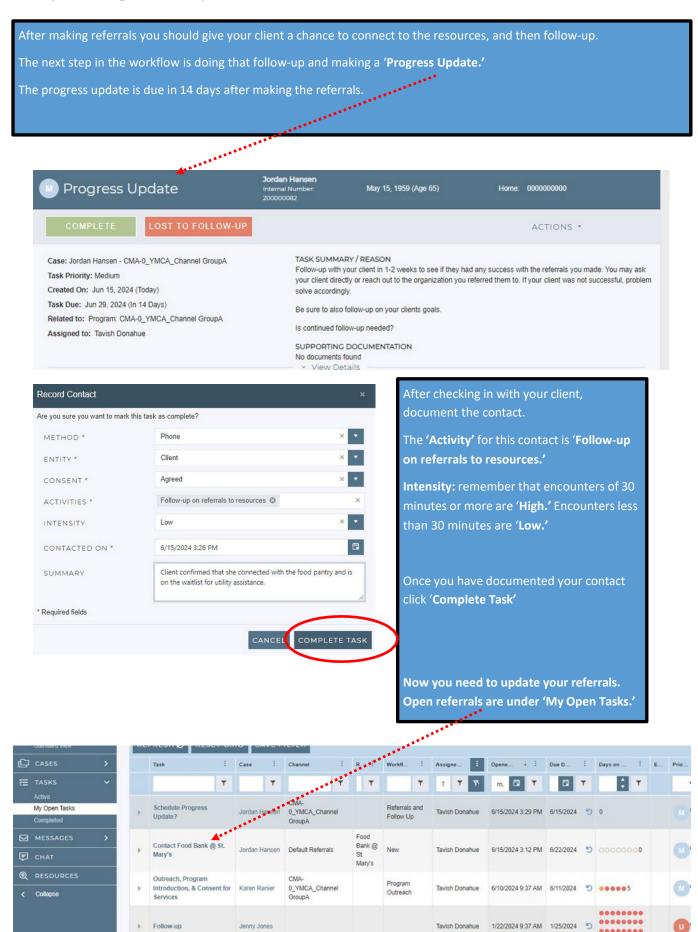
**Important note!** Very few referral organizations are integrated with the CIE. That will change in the future. But for now you will get this message with most referrals you are making, to remind you that you have to call or email the resource to make the referral, as they are not integrated.

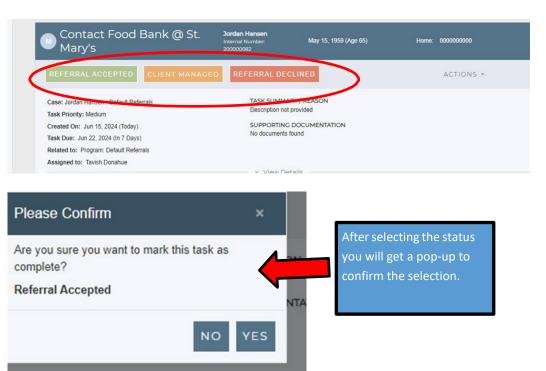
After reviewing the message click 'Yes' to document the referral.





## Step 5: Progress & Updates

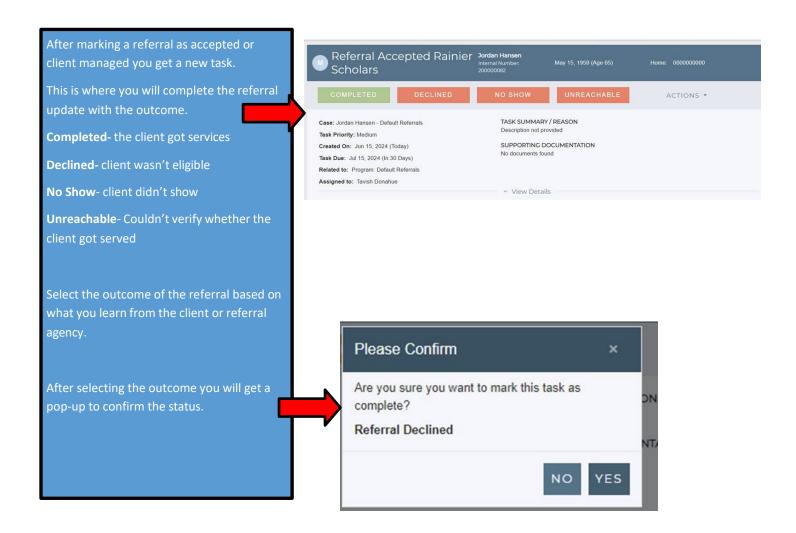


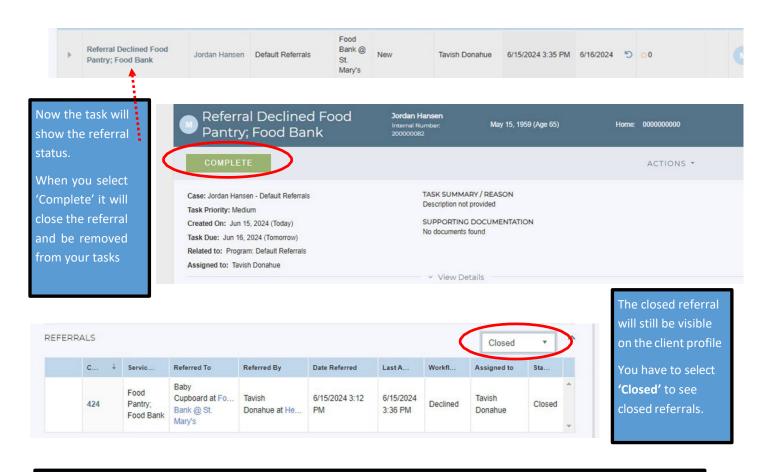


If the resource accepted
the referral select
'Referral Accepted'

If the client is managing
things on their own select
'Client Managed'

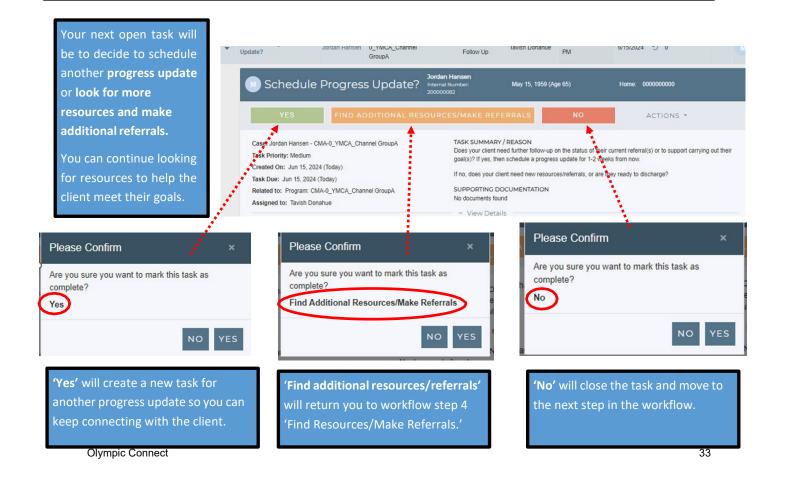
If the resource didn't
accept the client or they
weren't eligible select
'Referral Declined'



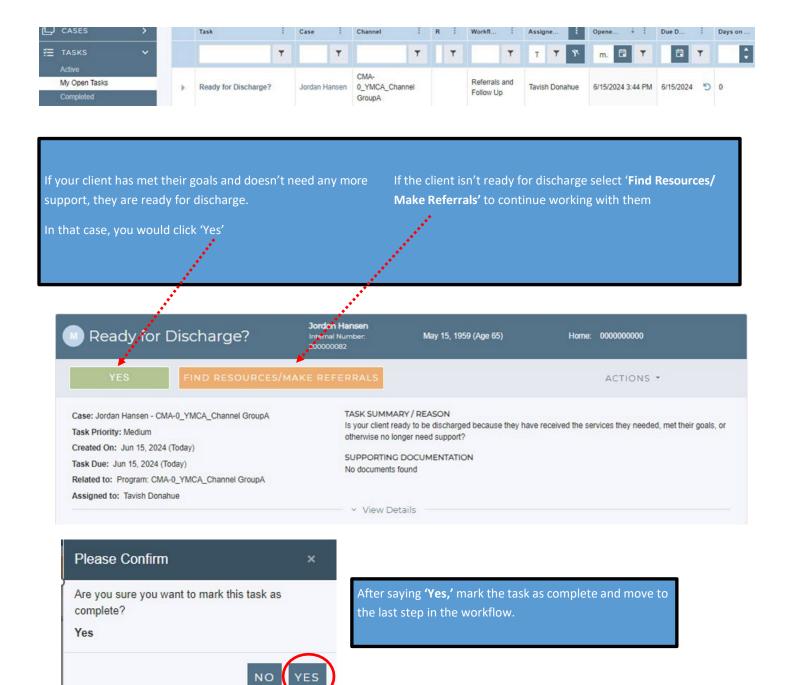


You will most likely go through a few cycles of looking for resources, making referrals, and following-up with clients.

Make sure you are updating the Goals and Action Plan as you close referrals!



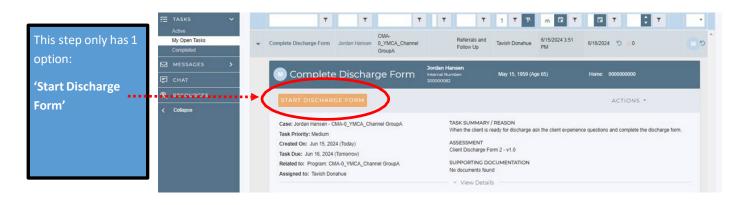
## Step 6: Discharge



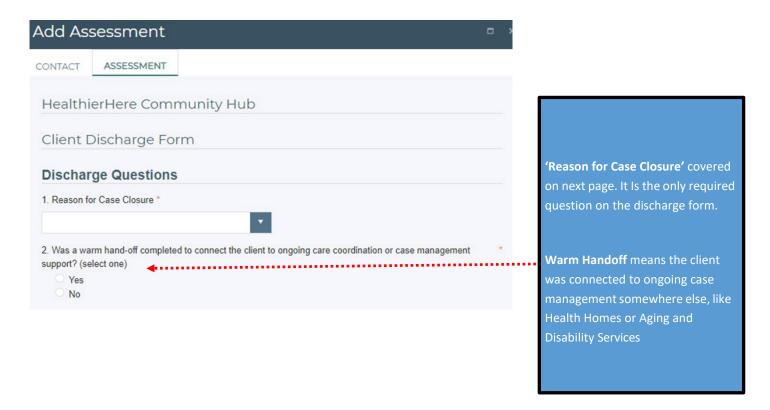
## **Supervisor Case Review**

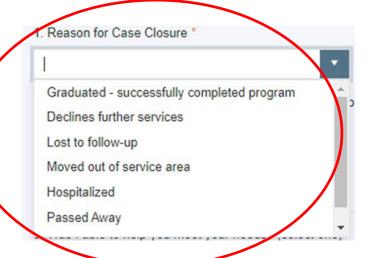
After you click 'Yes' client is ready for discharge, your supervisor will receive a task to review the case for discharge. Meanwhile, you will move on to completing he discharge form with the client.

## Completing the Discharge Form









#### 'Reason for Case Closure' Definitions:

**Graduated:** the client completed all steps of the workflow and connected to the resources they were seeking based on their HRSN assessment and goals.

**Declines further services:** the client chooses to opt out of the program at any time after you start working with them

**Lost to follow-up:** the client stops responding to your calls and texts/emails. If you reach out unsuccessfully 3 times in 2 months you should discharge them as lost to follow-up.

**Moved out of service area**: the client moves out of the Olympic Region and needs to work with a different Hub.

**Hospitalized**: you learn that the client has been hospitalized and no longer needs lower acuity case management.

Passed away: you learn the client has passed away.

**Other:** any other reason not captured above.

**************************************	The <b>client experience questions</b> are not
3. Was I able to help you meet your needs? (select one)	required but highly recommended
O Yes	*****
○ No	We want to know how well we did for our
4. Did you have any health and/or social needs that were not resolved? (select all that apply)	clients! This is the opportunity to find out.
No unresolved needs	
Yes, unresolved health needs	
Yes, unresolved social needs	
Other	
5. Overall, how satisfied are you with the service you received? (select one)	
Very satisfied (5)	
Mostly satisfied (4)	
Indifferent (3)	
Mostly dissatisfied (2)	
Very dissatisfied (1)	
6. If you were to seek help again, would you come back to our program? (select one)	
Yes, definitely (4)	
Yes, I think so (3)	
No, I don't think so (2)	
No, definitely not (1)	
7. If a friend or family member were in need of similar help, would you recommend our program to them? (select one)	Click complete task to submit the discharge
Yes, definitely (4)	·
Yes, I think so (3)	form
No, I don't think so (2) No, definitely not (1)	The client's case will be closed and they wil
	· ·
B. Do you have anything else you'd like to share about your experience with our program?	be taken off your active caseload
/	
equired fields	

## Olympic Connect Sample Scripting and Tips

Step 1: Outreach, Introduction, and Consent for services

This step will be completed by reviewing information in the client profile and preparing to call the client. Take your time and go at your own pace. Get comfortable before you call your client.

Review the client's information in Connect2Coordinator (C2C) located in the client's profile.

Review name, age, gender, language, race/ethnicity, location: look up the client's address to get a sense of where they live- their neighborhood or town.

Keep an eye out for that could help give insight to what resources and referrals you may refer them to. For ex. language, location, etc.

Once you've taken time to become familiar with your client, call them client to begin your program introduction.

- If You call the client, and they don't pick up, you leave a voicemail. You are now required to document that outreach attempt.
- You call the client and they pick up, you introduce the program, confirm client information and collect verbal consent.

"Hello, this is	from [your agency name] calling as a [your title] on behalf of
Olympic Connect. Is	this?"
<b>If no,</b> "It looks like I wonderful day."	have some incorrect contact information, thanks for understanding and have a
<b>If yes,</b> continue.	
from [referral source	be able to connect with you today! I'm calling because I received a referral for yoe] who thought you might benefit from resources or programs that I may be able getting connected to. Do you have a moment for me to go over some information

#### You can let them know how long to expect the phone call to take:

"There are some questions and paperwork we will need to go over that will take about 30 minute or so, is now a good time?"

If no, and the client does not have time to speak, schedule a date and time to call back. Get the OK to text and email but remember engaging over the phone is important in retaining clients to the program. Ask the client if they have not answered the first phone call, if they can agree to you calling later on the same date as the planned contact. This will aid in achieving the goal of having a conversation.

"I understand now is not ideal. What day and time would work best for your schedule?" "I also have some time on \_\_\_\_\_ to talk. If I do not reach you the first time, is it ok to leave a detailed voicemail and try a second time on the same date?"

**If yes,** "Great, I look forward to getting to talk with you soon and again my name is \_\_\_\_, if you want to contact me prior to our scheduled time, my phone number is \_\_\_\_. Have a wonderful rest of your day and take care!"

If no and the client is not interested, "No problem at all, I completely understand. If you ever change your mind or need assistance in the future, feel free to reach out to me. Have a great day!"

Under "My Open Tasks" navigate to the client's name. Click the drop down next to "Outreach, Program Introduction, & Consent for Services and select declined. The client's case will close.

#### If yes, and they do have time for program introduction, continue:

"I would love to learn more about your specific needs and see how I can assist you. I will be your point of contact for this program and will help you get connected to services that address your needs while you're enrolled in this program. I need to confirm some of the information provided in your file for documentation purposes. The more specific you can be in your answers, the more I will be able to find services that you may be eligible for. In order to do these things, I will need your verbal consent that you would like to receive services. Do you consent?"

**If yes, continue.** "Let's start with confirming your information"

If no, "No worries, thank you for your time today and take care!", select "Declined" in Outreach and Engagement task in C2C, client's case will be closed.

#### **Examples on how to confirm client information:**

"I have listed that your name is (First, Last) last name spelled \_\_\_\_\_, and that you use (insert pronouns here). Is this information correct? Do you have a preferred name?"

#### If Client's pronouns are not filled out, you could say:

"I use (ex. They/them) pronouns. What pronouns do you use?"

#### If a person is unsure of what pronouns are you could say:

"Pronouns are words that we use to refer to people instead of using their name every time. For example, instead of saying Jane went to the store, you could say she went to the store."

"Can I confirm your date of birth is (month, date, year) and that your gender is \_\_\_\_?"

If the Client's gender information is not filled out adjust this question and scripting in a way that best fits the community you serve. For example, you could say:

"In order to better understand and serve our diverse community, we are collecting information on gender identity. Would you like to share your gender identity with the program?"
"Your preferred language is?"
"Do you have any other phone numbers you would like us to put into your client profile, such as work or cell phone number? Do you prefer which number I contact?"
Getting a client's email address helps us gather consent and authorization electronically and we can send the client resource information. Here are some ways to gather that information:
"I see here that your email is@(spell it out). Is this correct, or is there another email you prefer for our communication purposes?"
If the client has not submitted an email during their intake you could ask:
"Is there an email I can put on file for you?"
If the client does not want to share their email, let them know resources will be sent through their email and that it will be a helpful tool for them to use while working with you. If they continue to refuse, let them know they can always add it at any point while working with you.
Asking about address
"Your current listed address for receiving mail is Is that still accurate?"
If your client has not shared their address, you could provide context about how knowing a person's area allows us to make appropriate referrals to resources in their community and ensure they can receive services within our region. You could ask by saying:

"Can you please provide me with a mailing address or a place where you can receive mail?"

By asking for a mailing address, you are not assuming that the person has a permanent residence and are being mindful of their situation.

#### Asking about income

"To better understand your eligibility for resources and provide you with the best possible case management, could you please share with me your total household income? This information will be kept strictly confidential and you are welcome to provide a best estimate if you're unsure."

#### Asking about insurance

"Can I confirm your medical insurance is?"

**If yes**, "I am glad you are connected to a health plan; this program is free and no cost as it is provided through your insurance. You do not need to worry about filling out an additional application for anything to be eligible for certain services that your insurance may currently offer to cover."

**If no,** "Are you interested in applying for Medicaid insurance as provided by Washington State through an Apple Health plan? If you are eligible, it may widen the number of resources that we can work with to get your needs addressed."

**If no, not eligible due to income/other,** "No worries, if you become interested in applying for health insurance, please let me know so that I can connect you with an insurance navigator. This program is free and allows me to work with you regardless of health insurance.

#### **Asking about Demographics**

"Olympic Connect is committed to providing equitable services to our community and to do that we ask our clients if they are comfortable sharing certain demographics to ensure we are reaching all communities. Could I confirm you identify as \_\_\_\_\_(insert race/ethnicities selected)?"

#### **Record Client Authorization**

#### Here are some examples of how to talk about the Client Consent and Authorization form

"Regarding the form, the first part of the form is a confirmation that you are agreeing to participate in the program and are comfortable with us collecting and using your information to provide services."

"The second part of the form allows us to share information about you with service providers in our network that you may be receiving services from, and we will be only sharing information about you that is necessary for the sake of receiving services and what you agreed on in the authorization form."

"You will see a list of information you can either share or opt out of on the form. If you wouldn't want information shared about something sensitive, please select 'no' on the form.

"If you choose not to sign the second part you are still able to receive services, but your information won't be shared electronically, so you will need to follow-up with the providers I refer you to directly and share your information yourself."

"If you sign the authorization, it makes it easier for other providers to learn about your needs, coordinate your care, and provide services to you."

"What is the best email or cell phone number I could send the form to so that you can sign it? If it's convenient for you, you could sign it while we are on the phone together, otherwise you will have seven days before the link expires."

"Please try and sign the form within the next 7-days, if you have technical difficulties signing, please let me know and we will work together on a solution."

#### **Step 2: Assessment & Goal Setting: Assessment**

"Now let's explore any social factors that may be affecting your current health and well-being. Once we have identified these factors, you will be able to prioritize the main areas (aim to have 3) you would like to focus on. These priorities will become your goals, and together we will work towards achieving them. Please feel free to be honest and share your thoughts, and if you come across any unfamiliar terms or concepts, do not hesitate to ask me for clarification. I will be more than happy to explain anything you need."

# Open the assessment in Connect2Coordinator so that you can flow through the assessment in real time with your client

"Based on the information from your intake, it looks like you identified some of the areas you are seeking assistance in, I want to confirm those and then to make sure we don't miss anything, I will go down a list of social and health needs and you can let me know if there is anything else we can work together on, does that work for you?"

Find the flags under your client's name in the client profile. These are the social or health needs that were identified when their intake was completed. Confirm those needs and walk them through the rest of the assessment. Be sure to make notes about the identified needs in the free text box below the social needs checklist or the health needs checklist.

"Thank you for sharing this with me, it helps me have a better idea of how I can help you get connected with resources and address your current barriers."

#### Step 2: Assessment & Goal Setting: Goal Setting

later?"

The client's goals are tailored to their specific needs, while the Community-Based Worker's objectives focus on enhancing community health and wellness on a broader scale. It is essential to prioritize what the client has decided are their goals, versus what we think their goals should be. Empowering clients to establish their own goals is crucial in promoting autonomy for the client to participate in changing their own lives and ensuring that services meet their individual needs. As a result, the client's goals will be recorded in the Connect2Coordinator platform. Ultimately, in-volving clients in goal setting fosters a sense of empowerment that leads to lasting outcomes.

"I appreciate your vulnerability in sharing your situation. Now that we've identified your needs, what are the most important priorities you would like to address right now?" (try to get 3)

# If the client is having a hard time with goal setting, here are some suggestions on what you can say:

"You identified , , as areas that you need support. Were you wanting to focus on addressing these or are there certain needs you'd like to address/ get help with first?"	
"I know you mentioned that one of the reasons you reached out for help is because you need help accessing (insert need). Did you have an idea on what accessing that resource would look like for you	ı?
"When discussing your needs, you had mentionedas something you could use help with. Would you like to prioritize this or are there other needs you would like to address, and we can focus on this	

#### **Step 3: Create Action Plan**

After the client has identified their goals, you will work with them to create an action plan using SMART goals. SMART goals are Specific, Measurable, Attainable, Relevant, and Timely (see page X for more on SMART goals). This is where you will find out what steps they might have already taken to achieve their goals and where you can support them. Identify the goal, the steps they agree to take, and the steps you will take to help them achieve their goals. Create a separate action plan for each goal in the notes section of the client profile.

"Now that you have your goal in mind, lets come up with an action plan. What is a step you can take toward achieving your goal? And what is something I can do?"

"Let's identify the actions that need to be taken to achieve this goal and we will take it step by step together. We will use this action plan to check in with each other and to track our progress."

#### **Step 4: Find Resources/Make Referrals**

"I know we just went over a lot of information together, and thanks so much for your time today. There are some resources I have in mind that can help you in achieving your goals, and I will be working to compile a list of programs and services for which you are eligible. I will follow-up with you in about a week. Does that work for you?"

If yes, say "I am excited to work with you! Thanks!

**If no, ask** "When would be a good day and timeline to call you back and follow-up?"

"Is there anything else you need from me right now?"

If yes, see what else the client needs before you end the call.

If no, "Thanks again and take care" and end the call.

If the client has urgent needs like food and would like you to follow up more quickly, tell the client you will do the best you can to find them resources more quickly and follow up in a few days.

Finding resources and making referrals will be completed by working on your own, reviewing information you learned about the client, reviewing resources in the directory and matching appropriate referrals. Take your time and go at your own pace!

#### **Step 5: Progress Update**

This step will involve several phone calls to the client over time. These calls are for you to check-in, provide them with the information you've collected about resources and notify them of referrals you have made for them to receive ser- vices. See if they have questions about the resources and referrals you provided. You will also check in on the client's goals and action plan. Make sure you have the client's profile open so that you can reference their referrals and goals during your phone call.

When you are ready to follow up with the client, call them back. Reintroduce yourself.

"Hi (client name) this is \_\_\_\_\_ from [your agency name] calling as a [your title] on behalf of Olympic Connect. I have listed in my calendar that today is a suitable time to follow up with you. Are you available for a few moments to hear about the resources I compiled for you?"

If no, make a plan to contact them on a later date and schedule a progress update for the date you agree on.

**If yes, ask** "How have you been doing since we last spoke?"

Take the time to listen to your client and let them know you have found resources and placed referrals for them since the last time you spoke. You will need to let them know to contact the resources you have found for them and help contact them if the client needs further assistance.

"I wanted to reach out and provide an update about some resources I compiled that address some of the needs you expressed during our last call. I have begun the process of connecting you with the appropriate resource, however, I want to manage your expectations and let you know that it may take some time for you to receive the services related to these resources due to a high level of demand. In the meantime, we can follow up as frequently as you'd like to discuss the goals you made while in this program. I am happy to reach out to these resources directly with you as well, if you'd prefer to do a three-way phone call to help you get connected."

"Do you have any other questions or further needs at this time?"

If yes, listen and ask the client if they would like to add another goal for you both to work on together.

If no, ask your client when they would prefer you follow up with them again (For example, in another week, in two weeks, etc.) and end the call. Record your contact, schedule your next progress update and update the client's flags and goals as appropriate.

#### Step 6: Discharge: Determine if your client is ready for discharge

This step will be completed by working on your own, reviewing the information in C2C to determine if the client has met their goals and is ready for discharge. This is based on your follow-up/progress update conversations.

#### **Step 6: Discharge: Supervisor Review**

Your supervisor will be notified via email that a client is ready for discharge and will review your client's case to confirm the client is ready to be discharged.

#### Step 6: Discharge: Complete discharge form

This step will involve both independent work (documentation on the discharge form) and a phone call with the client. Please take your time with the documentation pieces and be prepared to pull up the discharge assessment when you are on the phone with the client. As you saw in step 5, you will be checking in with your client regularly as you connect them to resources and help them meet their goals. You will be documenting their progress using 'progress updates', or step 5 in the workflow.

When your client meets their goal, you will be updating the status of their goal and corresponding flags on their client profile as appropriate.

When a client has completed all their goals and no longer needs your support and additional resources, this means the client is ready for discharge!

Call the client to see if they are ready for discharge.

"Hi, \_\_\_\_\_! How are you? I wanted to congratulate you as I noticed you achieved all the goals you set! I feel you have completed the program. Is there anything else you'd like help with?"

If yes, keep the client on your caseload and set new goals and flags based on the client's needs.

If no, proceed to the discharge assessment. Only the first two questions are required to be answered.

Mark yes on the discharge form if you helped your client transition to receive ongoing case management from another program.

Complete client experience questions and thank your client for their time, leaving the door open for them to reengage should they need support in the future.

"Thank you so much for your time throughout this program, it was wonderful having the opportunity to work with you and if you would like to receive more help in the future, please don't hesitate to reach out!"

#### **Useful Resources**

#### Clients in Crisis

- What happens if the client shares a safety concern or emergent need while completing the assessment?
- o Take immediate action to ensure the client's safety and well-being.
  - Utilize the tools from your mandatory reporting toolkit
    - Contact the appropriate mental health professionals or emergency services, such as calling 988 or a local crisis hotline. Follow any protocols set forth by your organization for handling emergencies or crisis situations. Call 911 if the client is in danger of physical harm.
  - o **Document the situation** and any actions taken in the client's case file. **Communicate with your supervisor** or a designated authority within your organization about the situation
  - Prioritize the client's safety and provide the necessary support and resources to address their immediate needs.
- Suicide 988 (local) or 800-273-8255 (National Suicide Prevention Hotline)
- Mental Health crisis: Salish Regional Crisis Line 888-910-0416
- Sexual Assault 800-656-4673
- Emergency Contraception and Other Sexual Health Topics Text PPNOW to 774636
- Human trafficking 888-373-7888 or 711 TTY
- LGBTQ+ Support 888-843-4564 (everyone), 800-246-7743 (youth), 888-234-7243 (seniors)

o -The Trevor Project - 1-866-488-7386 or text

#### **Motivational Interviewing**



#### WHAT IS MOTIVATIONAL INTERVIEWING?

- A person-centered way to support individuals in making behavior change that is in their own interest
- A deep and complex skill that requires ongoing practice and learning
- A practice that focuses on bringing out and reinforcing the person's own arguments and motivations for change
- A simple, but complex set of skills that are used flexibly, responding to moment-tomoment changes
- A technique that requires deep learning, specific skills, and a clarity of purpose
- An intervention specifically designed to elicit and strengthen motivation for change



# WHAT MOTIVATIONAL INTERVIEWING IS NOT

- A way of tricking people into doing what they don't want to do
- A simple formula or procedure
- A decisional balance that explores both the pros and cons of change when the practitioner wants to avoid advocating for change
- Easy
- What you are already doing
- o For every situation or for every person

Use the following checkboxes to make sure you're using motivational interviewing appropriately:



It is used for behavior change not for structural change (e.g., it cannot be used to end poverty).



The behavior change aligns with the person's goals.



The person is feeling ambivalent about the behavior change (they want to change and also don't want to change).



The person does not have underlying trauma or another mental health challenge that should be addressed first.

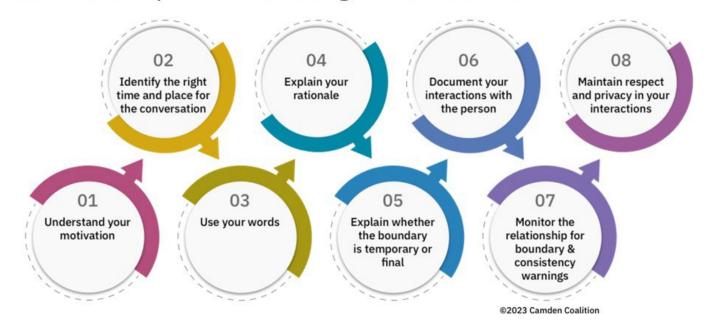


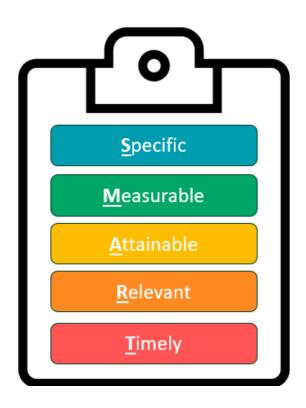
The person has the resources or can obtain the resources needed to make the change.



You, the implementer of motivational interviewing, can ethically support the behavior change.

# The 8 steps for setting boundaries





Example: Client says "I want to be healthy"



# Specific

The goal is concrete and tangible.

Example: I want to exercise to get in shape for a fun run later this year.



#### Measurable

The goal has an objective measure of success.

Example: I will exercise 2x weekly.



#### **Attainable**

The goal is challenging, but should be achievable.

Is this 2x a week manageable for the client?



### Relevant

The goal meaningfully contributes to their larger objective.

Does running 2x weekly prepare them for their goal?



#### **Timely**

This goal has a deadline or timeline of progress milestones.

Example: I will run 2x weekly, up until the day of the fun run.



# **Olympic Connect Intake Form**

The information shared on this form is used to match you with the most appropriate Olympic Connect helper based on location, experience, and expertise. By completing and submitting this referral you are agreeing that you (in the case of a self-referral) or the individual you are referring consent to sharing the personal and health care information provided in this form with Olympic Connect for potential enrollment into care coordination services. If you or the individual you are referring do not consent to sharing the personal and health care information provided in the form, do not submit this form.

*=requ	uired	
1.	First name*	
2.	Last name*	
3.	Date of Birth (MM/DD/YYYY)*	
4.	Preferred Language*	
5.	Gender	
6.	Race/Ethnicity	
7.	What is the best way to get in contact with you? *  Phone Email Mail Other	
8.	Preferred contact method contact details (phone, ema	il, address, other)*:
9.	Phone number	
10	. Street address (Please include street, city, county, stat	e, and zip code)

11. Email	
12. Which	social needs are you seeking support with? *
(Selec	t all that apply)
·	None
	Childcare
	Communication (phone, internet, computer)
	Education
	Eldercare/Disability care
	Employment
	Financial instability
	Food access
	Housing – long-term
	Housing – improvement (e.g. mold removal, ramp access, weatherization,
	etc.)
	Housing - respite
	Housing – temporary/supportive
	Legal assistance
	Personal/household items
	Safety – home or environment
	Safety – violence or abuse
	Social/community connection
	Transportation
	Utilities
	Other
	See attached screening already completed
13. Are yo	u currently working with/receiving support from an organization/Tribe or
perso	n to address the above needs?*
	Yes
	No
	please provide information of who you are working with (Name of person, zation/Tribe, contact information)
Organi	zadon, mbo, contact information,

15. Which	health needs are you seeking support with? *
	None
	Birthing/doula/prenatal
	COVID-19 (current or long-COVID symptoms)
	Dental
	Health insurance
	Healthy eating
	Hospice/end of life
	Medications
	Mental health
	Mobility/activities of daily living
	Physical activity
	Primary care
	Smoking/tobacco use
	Specialty care
	Substance use disorder
	Vision
	Other
	See attached screening already completed
16. Are yo	u currently working with/receiving care from an organization/Tribe or person
to add	ress the above needs?*
	Yes
	No
	please provide information of who you are working with (Name of person,
organı	zation/Tribe, contact information)
18. Olymp	oic Connect currently partners with the following organizations. Do you have a
prefer	ence for working with any of the below organizations?
	No preference
	East Jefferson Fire and Rescue
	First Step Family Support Center
	Jefferson Healthcare
	Lutheran Community Services Northwest
	North Olympic Healthcare Network
	Olympic Peninsula YMCA
	OWL360

	Peninsula Co	mmunity Health Services	
	Quilcene Fire and Rescue		
	☐ The Boys and Girls Club of America		
	☐ Voices of Pacific Island Nations		
	YMCA of Pier	ce and Kitsap Counties	
19. If com	pleting this fo	rm on behalf of someone else, please provide the following:	
	Organization	or Tribe:	
	Organization	or misc.	
	Name of indiv	vidual referring:	
	Contact infor	mation of individual referring:	
	Has a social	needs screening/assessment already been conducted?	
		Yes	
		No	
		I don't know	
If yes, will you share the social needs screening/assessment?			
		Yes	
		No	





# Olympic Community of Health Olympic Connect – Consent for Services

Name:		
Date of Birth:		

Olympic Connect, a Community Care Hub of Washington, is a unified network of partners working to connect people across Clallam, Jefferson, and Kitsap counties to services and resources that address social needs. Olympic Connect is a service provided by Olympic Community of Health in collaboration with local health-serving partners ("Service Providers").

*Olympic Connect* requests your written permission to provide services to you. If you choose to sign this form, *Olympic Connect* can provide services to you, and can collect and use your personal and health information ("Information") to help provide those services.

#### What Information do we collect and use?

#### Information from you and other sources

This form covers, without restriction, all Information shared with us by:

- You
- Your family
- Service Providers, such as your care team and any other person involved in your care

#### **Different types of Information**

Information that may be collected and used includes, without restriction:

- Your name and contact details.
- Names and contact details of family or caregivers. This will only happen if you give permission and share their contact information.
- Services you receive from Service Providers.
- Your date of birth, gender, race, ethnicity, tribal affiliation, or tribal enrollment.
- Details about your health insurance and any needs you may have, such as income, employment, or housing.

Olympic Community of Health – Olympic Connect – Client Consent & Authorization Form September 2024





• Health care information that may be protected by state, tribal, and federal privacy laws, such as information about your medical providers, health conditions, health needs, and goals.

## Signature

By signing below, you agree that:

- You have read this form or that someone has read it to you.
- You understand the terms of this form.
- You have had the chance to ask questions.
- You agree to receive services from *Olympic Connect* as described in this form.

Signature:	Date:
If signed by someone other than the client	t, please write that person's name and relationship to the
client:	
Name:	Relationship to Client:





# Olympic Community of Health Olympic Connect – Authorization for Sharing Information

Olympic Connect, a service provided by Olympic Community of Health, provides a way for network partners ("Service Providers") to share information to coordinate your care. Service Providers include social service, community, government (tribal, state, and local), physical health, and behavioral health organizations.

Olympic Community of Health and the Service Providers request your written permission to share your Information. Being able to share your Information allows Olympic Community of Health and Service Providers to better coordinate your care. This can result in improved access to the care and support you need and prioritize.

**If you choose to sign this form**, Olympic Community of Health and each Service Provider can share your Information with each other and with other organizations and Tribes to better:

- learn about your needs.
- coordinate your care.
- provide services to you.

Our goal is to protect your privacy. Please review the *Olympic Connect* Privacy Policy at <a href="https://tinyurl.com/nff9e9dy">https://tinyurl.com/nff9e9dy</a>. The Privacy Policy explains what Information gets collected, how your Information is used, shared, and protected, and your rights.

Who will receive my Information if I sign?

#### **Service Providers**

Your Information will be shared with Service Providers. Service Providers may be changed at any time. Our current Service Providers are listed at <a href="https://www.olympicch.org/our-partners">https://www.olympicch.org/our-partners</a>.

#### Service Providers:

Agree to only access and share Information that is needed to serve you.

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• Are required to protect your Information even if it is no longer protected under applicable privacy laws.

We will only share your tribal affiliation or tribal enrollment with Service Providers approved by the Indigenous Nations Committee.

At the end of this form, you can choose to give permission (or not) to allow sharing about sensitive topics, such as healthcare, mental health, substance use, and HIV/AIDS information.

#### Other organizations and Tribes

Your Information may be shared by Service Providers with other organizations and Tribes, as needed, to qualify you for programs, benefits, and services. These can include:

- Insurance or managed care organizations.
- Government agencies and Tribes.
- Utility companies.

Your Information can be shared to respond to a lawful subpoena, warrant, or court order.

#### Our technology providers

Our technology providers will also have access to your Information, but only as needed to run, improve, or repair the technology we use to protect and share your Information.

## Why will my Information be shared?

#### To contact or serve you

We may share your information with a Service Provider to:

- Contact you.
- Help Service Providers provide, coordinate, or refer you to services.
- Learn which services you qualify for.

We may share your information with public health to monitor and improve the health of our community.

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#### To improve and help fund our work

Sometimes we may combine your Information with a large number of other people's Information. Combining Information into large groups allows the Information to be studied or used while protecting your privacy. After your Information has been combined, you cannot be identified.

After your Information is combined with others so your privacy is protected, it could be used to:

- Evaluate how effective our services are.
- Improve our services.
- Help others learn from our work.
- Help us apply for funding.
- Report to organizations that fund our work.

We may continue to use your Information in these ways after your permission has expired, but not if you cancel your permission.

## When will this authorization expire?

#### **Expires after 2 years**

Unless you cancel before, this form will expire 2 years after the date you sign it.

#### Cancel at any time

You can cancel this form at any time by informing one of your Service Providers.

If you cancel, it will only affect future sharing. It will not affect any Information that has already been shared as described in this Form.

#### Permission to share sensitive Information

We need your special permission to share Information about certain types of sensitive Information.

This Information may be protected by state, tribal, and federal privacy laws. **You have a choice.** 

- If you give your permission, this sensitive information will only be shared by us and Service Providers as described in this authorization form.
- If you do not give your permission, you will still have access to services.

#### I give permission to share health diagnosis and treatment information.

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□ Yes
□ No
I give permission to share mental health diagnosis and treatment Information.
□ Yes
□ No
I give permission to share alcohol and drug use disorder diagnosis and treatment Information
□ Yes
□ No
I give permission to share testing, diagnosis, and treatment for sexually transmitted disease, including but not limited to HIV/AIDS.
Signature
By signing below, you agree that:
<ul> <li>You have read this form or that someone has read it to you.</li> <li>You understand the terms of this Form.</li> <li>You have had the chance to ask questions.</li> <li>You authorize Olympic Community of Health and Service Providers to share your Information as described in this form.</li> </ul>
Signature:
Date:
If signed by someone other than the client, please write that person's name and relationship to the
client:
Name:
Relationship to Client:

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#### **Olympic Connect Health Related Social Needs Assessment**

#### **Assessment Instructions**

- When completing the assessment with a client you should first check off the needs
  that were shared at intake and are flagged in the client profile. Start with those
  needs, asking the client for more information on what they are experiencing and
  what kind of support they are looking for. Document the additional information
  about each selected need in the open text fields.
- Then ask about other needs on the list. Use culturally appropriate language when
  describing the different needs and giving examples of services you could connect
  them to in order to address those needs. Document additional information about
  each selected need in the open text fields.
- Make sure all needs that are selected on the assessment are flagged in the client profile with the appropriate priority level.

#### Social Needs (Select all that apply):

None
Childcare
Communication (phone, internet, computer)
Education
Eldercare/Disability care
Employment
Financial instability
Housing – long-term
Housing – remediation (e.g. mold removal, ramp access, etc.)
Housing - respite
Housing – temporary/supportive
Legal assistance
Personal/household items
Safety – home or environment
Safety – violence or abuse
Social/community connection
Transportation

	Utilities
	Food Access
	Other
	Decline to answer
	See attached screening already completed
Please add n	nore detail on the social needs the client has shared:
i touse add i	note detail on the social needs the otion has shared.
Health Need	s
	None
	Birthing/doula/prenatal
	COVID-19 impacted
	Dental
	Health insurance
	Healthy eating
	Hospice/end of life
	Medications
	Mental health
	Mobility/activities of daily living
	Physical activity
	Primary care
	Smoking/tobacco use
	Specialty care
	Substance use disorder
	Vision
	Other
	Decline to answer
	See attached screening already completed
Please add n	nore detail on the health needs the client has shared:



## **Olympic Connect Client Discharge Form**

# **Discharge Questions**

1.	1. Reason for Case Closure*	
		Graduated-Successfully completed program
		Declines further services
		Lost to follow-up
		Moved out of service area
		Hospitalized
		Passed away
		Warm handoff to ongoing care coordination or more appropriate case
		management support
2.	Was a	warm hand-off completed to connect the client to ongoing care coordination
	or case management support?	
		Yes
		No
Client	t Experi	ience Questions
3.	Wasl	able to help you meet your needs?
		Yes
		No
4.	Did yo	u have any health and/or social needs that were not resolved?
		No unresolved needs
		Yes, unresolved health needs
		Yes, unresolved social needs
		Other
5.	Overa	ll, how satisfied are you with the service you received?
		Very satisfied (5)
		Mostly satisfied (4)
		Indifferent (3)
		Mostly dissatisfied (2)
		Very dissatisfied (1)
6.	If you v	were to seek help again, would you come back to our program?
		Yes, definitely (4)

	Yes, I think so (3)
	☐ No, I don't think so (2)
	☐ No, definitely not (1)
7.	If a friend or family member were in need of similar help, would you recommend our
	program to them?
	Yes, definitely (4)
	☐ Yes, I think so (3)
	☐ No, I don't think so (2)
	☐ No, definitely not (1)
8.	Do you have anything else you'd like to share about your experience with our
	program?

<sup>\*</sup>Required fields

# Thank you for partnering with Olympic Connect!

We have so much gratitude for the work you do day in and day out to improve the lives of the people you serve. Thank you for coming along on this journey with us, we know we could not do it without you.

We are partners in this work together and we are committed to continuous improvement with feedback from dedicated partners like you. If you need support, reach out to us at 360-301-8252 or send us an email at <a href="mailto:Connect@OlympicCH.org">Connect@OlympicCH.org</a>